







COFFEE & PEAR COFFEE CAKE

45 minutes | serves 10-12 slices

INGREDIENTS

WALNUT STREUSEL TOPPING 1/3 cup | 50 gr. spelt flour 1/4 cup | 40 gr. jaggery 1/8 tsp fine himalayan salt 3 tbsp refined coconut oil 1/2 cup | 65 gr. walnuts

DRY INGREDIENTS 2 cups | 260 gr. spelt flour 1 tsp baking soda 1/2 tsp baking powder 1/4 tsp fine himalayan salt

WET INGREDIENTS

1/2 cup | 75 gr. jaggery

1/4 cup | 60 ml. maple syrup

2 flax eggs (mix 2 tbsp ground flax seeds and 6 tbsp

water and allow to rest for 5 minutes)

1/4 cup | 60 ml. organic sunflower seed oil

1 tsp vanilla extract

1 tsp apple cider vinegar

1/2 cup | 125 ml. oat milk

2 tbsp instant coffee dissolved in 1/4 cup | 60 ml.

hot water (or 60 ml. espresso)

1 pear

STEP BY STEP

Start by gathering, preparing and measuring all of the ingredients. This will improve your dynamic in the kitchen.

WALNUT STREUSEL TOPPING

- 1. In a bowl combine spelt flour, jaggery and salt.
- Add the coconut oil, one tablespoon at a time, and work it in into the dry ingredients with your hands, until you can no longer feel bits and pieces of the oil and it all turns into a sand-like mixture.
- 3. Add the chopped walnuts and mix to combine.

COFFEE CAKE

- 1. Pre-heat the oven to 350°F / 180°C.
- Line a rectangular cake pan (we used a brownie pan with 25 cm x 18 cm) with parchment paper.
- 3. Rinse the pear and discard the seeds and stem. Chop into cubes about 1,5 cm wide. Set aside.
- 4. In a large mixing bowl, sift or whisk together all of the dry ingredients.
- 5. In another bowl, whisk together all the wet ingredients.
- 6. Pour the wet mixture over the dry ingredients and fold in gently using a spatula or wooden spoon, making sure there are no lumps (but without overmixing the batter).
- 7. Pour the batter into the lined pan and shake the pan gently to even out the surface..
- 8. Scatter the pear cubes on top and cover with the walnut streusel topping.
- 9. Cover the pan with tin foil and place in the pre-heated oven for 20 minutes.
- 10. Discard the foil and bake for 15 minutes longer, or until a toothpick comes out clean.
- 11. Remove the pan from the oven and allow the cake to cool completely before taking it out of the pan.



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